

Winkleigh

Winkleigh Surgery opening times:

Monday, Wednesday, Thursday 8.30am-6pm

Tuesday, Friday 8.30am-1pm

On Monday, Wednesday and Thursday the surgery will be closed 1-2pm for lunch.

Okement Surgery

Based at the Okehampton Community Hospital
Small is Beautiful!

Okement Surgery is the smaller of the two medical practices in Okehampton and is based in quiet and spacious surroundings within Okehampton Community Hospital. It is a friendly, well organised practice which is able to offer high quality, more personal medical care. Due to the size of the practice you will find it is much easier to make appointments to see your own GP and also to get to know the staff who work there.

The Forget-Me-Not-Café, Okehampton

(for people with memory problems and their carers)

Come and meet the team in an accepting and friendly environment. Have a cup of tea, cake and a chat with others in a similar position. The Café meets on the last Tuesday of each month from 2-4pm at The Glen, Community Room, Castle Road, Okehampton. There is usually a complementary therapist on hand to give short therapy sessions and professionals that you can talk to if you wish.

The remaining dates for 2015:

30 June, 28 July, 25 August, 29 September, 27 October & 24 November. There is no Café in December.

For further information phone Lynn on 01837 53397.

Wallingbrook Health Group

Chulmleigh • Winkleigh • Okehampton

www.wallingbrook.co.uk

Summer 2015

Any questions? Telephone 01769 580295.



Your Patient Participation Group Needs You

The Patient Participation Group (PPG) for the Wallingbrook group of surgeries meets once a month on a Monday evening at 5.45pm. We meet with representatives of the Wallingbrook Health Group (WHG) to discuss issues raised by patients in our areas and we are consulted by WHG about changes in the way they operate. The group also produces a newsletter four times a year, and is involved in the Healthy Living Week held in June each year.

We have two members from Chulmleigh, and one each from Lapford, Winkleigh, Burrington and Okehampton. We would welcome new members from any villages and towns that are not represented, especially patients of the Okement Surgery as the area served by Okement is huge.

New committee members must be computer literate and able to communicate by email. As we try to reflect all of the patients in the PPG, younger representatives are especially wanted. If you are interested, please contact the PPG Chair Rosemary by email ro.riro@btinternet.com.

We look forward to hearing from you.

Healthy Living Week 2015

Monday 8 June is the start of this year's Healthy Living Week. Many local clubs are opening their doors and inviting YOU to sample their activities! Most are FREE to new customers! This is a unique opportunity to try out something new, so don't hesitate, just turn up!

New this year is an Open Day at Winkleigh Sports Club on Saturday 13 June. Look out for this year's programme, due out at the beginning of June.

Online Services

WHG provide the following online services:

- Online booking of appointments for the Doctors and Nurse Practitioner
- Viewing future and past appointments
- Ordering repeat prescriptions
- A facility to change your contact details and to record consent to receive text and email messages
- Submitting electronic questionnaires
- Granting additional users

To log on to this service or for more information bring photo identification and see a member of staff who will issue you with a username and password.

Staff Changes

Leavers

Lian Cureton – Lian left Wallingbrook, after 6 years of service, in order to concentrate on running her own business.

Beth Warne – Beth is now working for North Tawton Surgery.

We would like to thank Lian and Beth for all their hard work over the years and wish them both the best of luck for the future.

Ring and Ride Scheme

Several people who live in outlying villages and towns with poor bus services have commented on the difficulty in getting to their surgery for an appointment. The “Ring and Ride” scheme may help with this problem. Further details can be found at www.devon.gov.uk/print/ring_and_ride.htm.

Getting to Chulmleigh & Winkleigh Surgeries:

The villages around Chulmleigh, such as Chawleigh, Lapford, Morchard Bishop, Burrington, Kings Nympton, Chittlehamholt, Dolton and Winkleigh, are within the area covered by the Crediton Ring and Ride. Contact details:

Crediton Ring and Ride, The Old Surgery, 55 High Street, Crediton, EX17 3JX, 01363 773303, or you can email the team at brenda.jackson@ukgateway.net.

Okehampton District Community Transport Group

Getting to Okement Surgery:

The villages and towns around Okehampton such as Hatherleigh, Lewdown, Halwill Junction, Bridestowe, Sticklepath, Beaworthy and also Winkleigh are covered by the Okehampton District Community Transport Group (ODCTG). Contact details:

Sue & Liz, Okehampton Community Transport Group, Unit 3 Okehampton Business Park, Higher Stockley Mead, Okehampton, Devon EX20 1FJ, 01837 55000 or you can email the team at sue.odctg@btinternet.com.

Telephone Contact from the Surgeries

When contacting the surgery, for whatever reason, the telephone number to use is 01769 580295. All NHS services will, by default, keep their number private and so will appear in the same way as spam calls. If you have BT Call Minder set up, or if you do not accept withheld calls, then advise the surgery so we can add a note to your records for us to display our number when we call you.