

# Wallingbrook Health Group

Chulmleigh • Winkleigh

[www.wallingbrook.co.uk](http://www.wallingbrook.co.uk)

## SPRING NEWSLETTER

### Community

#### Health & Wellbeing Event

Wallingbrook Health Group is looking at ways to reduce social isolation within the locality and would like to invite all to attend a Community Health & Wellbeing Event on Saturday 16 March 2019, 2pm to 5pm, at The Pavilion, Leigh Road, Chulmleigh.

Many local organisations, clubs and businesses are attending, offering advice, free spine checks, mini massages, crafts, and more.



**Community Health & Wellbeing Event**  
**Saturday 16 March 2019**  
2pm - 5pm  
**Chulmleigh Pavilion, Leigh Road, Chulmleigh, EX18 7JW**

Free refreshments, meet local organisations offering activities in the area.

Free spine checks, mini massages, craft sessions and lots more.

Facilitated by Wallingbrook Health Group  
For further information contact Kate Burns - telephone 01769 580295  
**Together, we build happy, healthy communities.**

### Dates for your Diary – PPG APM

Our Patient Participation Group (PPG) are holding an **Annual Public Meeting (APM)** on the evening of **Thursday 23 May 2019** at **6.30pm** at **The Ark, Lapford**. All patients are invited to attend.

### New Opening Hours

Wallingbrook Reception Opening Hours	
Monday to Friday	8.00am to 6.00pm
Wallingbrook Reception Telephone Opening Hours	
Monday to Friday	8.00am to 6.00pm
Wallingbrook Dispensary Opening Hours*	
Monday to Friday	8.30am to 6.30pm
Wallingbrook Dispensary Telephone Opening Hours*	
Monday to Friday	8.30am to 6.00pm
Winkleigh Reception Opening Hours	
Monday to Friday	8.30am to 1.00pm 2.00pm to 6.00pm

\*Please note: Wallingbrook Dispensary is closed on the 3rd Monday of every month between 1pm and 2pm for staff training.

### Improved Access - Evening & Weekend Appointments

Patients across Mid Devon are now able to make routine appointments at a GP practice during evenings and at weekends.

The aim of the GP service is to make it easier for people to get an appointment at a time that suits them.

This scheme is an extension of the usual GP practice services, not a walk-in service; patients still need to make an appointment to see a GP, Nurse or Health Care Assistant in the evening or at the weekend.

Practices are working together to establish a service that meets the needs of the public and GP practices will be promoting the service to patients.

To book a routine appointment for evenings and weekends you will need to be registered with one of the participating practices. Visit [www.middevonhealthcare.co.uk/](http://www.middevonhealthcare.co.uk/) to view the participating practices, contact details and the timetable.

## Text Service, Responding to a WHG Text

To reply to a text message, send your reply to the mobile telephone number within the text, adding your response.

## Hearing Aid Batteries

The Wallingbrook and Winkleigh branch surgery hold stocks of hearing aid batteries which can be supplied to patients who have either a Brown book or Chime card issued by their respective Audiology department. Only in exceptional circumstances can an emergency pack of batteries be supplied without a book or card. Contact your Audiology department if you do not have a Brown book or Chime card.

## Staff Leavers & Joiners

We are saying goodbye to Jo Berry, Victoria Easton (*Patient Service Advisors*), and Carol Bere (*Finance Manager*), and would like to welcome Dr O'Neill (*Salaried GP*), Amber Snell & Claire Rice (*Patient Service Advisors*), and Rebecca Webb (*Finance Administrator*) to the Wallingbrook team.



## New PPG Members Needed!

Wallingbrook Health Group Patient Participation Group is looking to recruit new members to help shape the future of the practice. For more information on becoming part of our PPG Group please email us at wallingbrookppg@gmail.com

## Screening Programmes



**Bowel Cancer Screening** is available for those aged between 60 and 74, you will be invited to take part in bowel cancer screening every two years. If you are aged 75 or over, you can ask for a screening test by calling the free bowel cancer screening helpline on 0800 707 60 60.



**Cervical Screening** is offered to women aged 25 to 64. Cervical cancer is preventable. The impact of a cervical cancer diagnosis is far reaching both emotionally and physically. Book your smear appointment now, telephone 01769 580295.

**Abdominal Aortic Aneurysm Screening (AAA Screening)** is offered to men who are in their 65<sup>th</sup> year.



**Diabetic Retinal Eye Screening** is offered to diabetics who are 12 years of age or over and will be invited to have their eyes screened once a year.



**Always see a GP if you have symptoms at any age, don't wait to have a screening test.**