



Crediton
A Sure Start Children's Centre



As part of your antenatal programme
you are invited to attend

Great News

All sessions are from 6.30pm 'til 8.30pm

The programme runs for 3 consecutive weekly
sessions beginning when you are between
28 and 32 weeks pregnant

The first session of the programme begins
on the first Tuesday of the month

The programme covers:

- midwife-led session
- discussing the roles and responsibilities of new parents
- post natal support
- feeding your newborn baby



To book your first session & confirm venue please
phone the children's centre on
01363 777219



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Hatchlings

A weekly drop-in group at **Crediton Fire Station**
for new parents, carers and their babies from
newborn to pre-mobile (approx. 9 months)

Every Monday 11.00am - 12.30pm

Some dates have a special focus –
bonding, sleeping, feeding



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BIBS

Breastfeeding Information Breastfeeding Support
A weekly drop-in session at **Crediton Fire station**
supporting mums and their children
(older siblings also welcome)

Every Wednesday 1.30pm – 3.00pm

Come and meet other mums who have
an interest in breastfeeding

No need to book, just drop in