

Wallingbrook Health Group

Things to do in LAPFORD

Activity	When & Where
The ARK	Coffee shop, light lunches, Company and conversation Tuesdays & Fridays 11 - 3
Badminton	Victory Hall Tuesday evenings
Book Club(s) (Crediton Library)	Library Reading Group held Monthly on the last Friday Senior Stories and Verse group held Monthly on the 1 st and 3 rd Thursday
High Five Fridays (7 – 12 year olds)	Victory Hall Monthly – second Fridays
Lapford Cares	A Community Group for those caring for older residents in Lapford. Every Thursday from 6 September 2018 10.30am -12 noon Lapford Victory Hall £2.00 per session
Lapford Allotment Society	Kelland Hill Allotments
1 st Lapford Beavers, Cubs & Scouts	Victory Hall Beavers: Tuesdays after school Cubs & Scouts: Thursday evenings
Lapford Book Club	Meets on the first Monday of a month at the ARK
Lapford Short Mat Bowls	Victory Hall Monday evenings

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LAPFORD

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Lapford Amateur Dramatic Society	Pantomime each New Year in the Victory Hall
Lapford Dog Club	Victory Hall Wednesday evening Multiple classes 5.30-10.00
Lapford Association Football Club	Home matches @ Edgerley Cross, Kelland Hill
Lapford Horticultural Society	Monthly – Tuesday evenings
Lapstock Music Festival (Volunteers welcomed)	Last weekend in July – 3 days (Friday – Sunday)
Lapford Revel (Volunteers welcomed)	Mid July – 4 days (Thursday – Sunday)
Lapford Over-60s Club	Monthly – Thursday afternoons Outings month – Wednesdays 9.30
Pilates	Victory Hall, Wednesdays - 11.45